

# Marianne Pestana

▼ Navigate to...

FEATURED GUEST: JUDY GOODMAN, CPC, CSRC, CRC, SPEAKER, PROFESSIONAL COACH AND AWARD-WINNING AUTHOR OF JOURNEY... THE QUEST OF THE SOUL, SHARES HER GLOBAL WORK.

---

January 30, 2019



by staff writer [Victoria Davis](#)

**Judy Goodman** is an award-winning author, highly recognized motivational speaker, devoted mother, beloved grandmother and, as others put it, a “teacher of teachers.” For many years, she was immersed in the high-profile public work-force, even being involved in negotiations between Russia and The United States regarding an aircraft of the future. But over 35 years ago, Goodman decided to devote her time entirely to what she says was “always my destiny”— guiding people along both the physical and metaphysical journey of life.

“I was born walking in two different worlds,” said Goodman, who is internationally recognized for being a certified professional coach helping clients of all backgrounds and ages, find healing from addiction and trauma. “I knew I was different, I just didn’t know how far that was going to take me.”

Goodman is a trained hypnotherapist and her work, as a teacher and counselor, has taken her all over the United States, Canada, Mexico, The Bahamas, Puerto Rico, Europe, Egypt, and Peru, and has given her the chance to meet with many public figures and celebrities. One of the achievements she is very proud of is her audio book, ‘Journey...The Quest of the Soul,’ which has been downloaded in twenty-three countries. Goodman was a bit ahead of her time when she decided to make the book ‘audio,’ and subsequently re-mastered it into a digital format, allowing it to be downloaded all over the world.

---

“ “It’s a book about life’s questions,” said Goodman, “a place that answers those thoughts you might not know how to ask.”

---

*Journey* tackles seemingly out-of-reach subjects like the afterlife, the existence of angels and other realms, and the interpretation of dreams. True to her notable workshop and teaching ability, Goodman’s audio book is over four hours of unscripted answers. After the earlier overwhelming acceptance of the audio book, Goodman recently re-released her work on iTunes, CDBaby and Amazon. *Journey* was also the recipient of the Pinnacle Book Achievement Award. Readers have reviewed her work as “Life changing,” “Moved to tears,” and “Beyond conventional wisdom.”

Having served as a Kaiser Institute faculty member, working with professional individuals to develop their intuitive abilities, as well as being a founding board member of The HeartLight Center in Denver, a center for grief support and education, Goodman has had the chance to interact with a variety of clients, from all over the world. She adds that *Journey* isn’t saturated in case studies or recorded philosophy, rather it is founded on her own understanding, experiences and the knowledge she was born with.

“I’m much more spiritual than I am religious,” said Goodman. “This book embraces most religions because I believe there’s a bit of truth in almost every religious doctrine. We all believe in something; my job isn’t to change people’s belief system, it’s to encourage them to ask questions. The gift I receive from my work is that I have learned something from every person that has crossed my path.”

Goodman has long been recognized for her motivational quotes and is currently completing a book of her original work, written over the last 35 years. The title of her soon to be released work is “**Changing Your Reality.**” The book is full of pictures, many of which were taken by the author herself. Each motivational statement written by Goodman will also feature additional thoughts of how it might be applied to the reader’s life. At this time Goodman anticipates a release in mid-to-late, 2019.

“This will be one of those things you’re going to keep on your bedside table or on your coffee table,” said Goodman. “It’s one of those books you can pick up and find a saying that will help you pretty much any day of the year.”

Goodman states that the industry has taught her a great deal about releasing her work, and plans to release a digital version, along with a print on demand copy. She adds, “When I write, the words just flow, and it’s almost

sequential. It isn't about being that smart, I think it's just because I'm doing the right thing in my life."

Judy Goodman, CPC, CSRC, CRC, Working and Teaching Beyond Conventional Wisdom! Trained in Hypnosis, Certified Professional Coach, Relationship Counselor, Addiction Recovery Coach, Grief Support and, an internationally recognized intuitive.

You can access links to Journey and download Goodman's self-help workbooks on her website [www.JudyGoodman.com](http://www.JudyGoodman.com)



Posted in *Blog, Inspiration* and tagged *afterlife, change, changing your reality, intuitive, Journey... The Quest of the Soul, Judy Goodman, life, Other side, Spiritual*

[Prev](#)

[Next](#)

#### AuthorRelatedPopular

[admin](#) [Top 5](#) [Top 0](#)

---

MARIANNE PESTANA

Radio show host of Moments with Marianne

Literary publicity, social media, and leadership coaching